

DISTRICT XI SWIMMING AND DIVING CHAMPIONSHIPS
presented by St. Luke's University Health Network

DATES, LOCATIONS, TIMES OF SWIMMING AND DIVING CHAMPIONSHIPS:

| | | |
|----------|-------------------|----------------------|
| DIVING | February 26, 2022 | Emmaus High School |
| SWIMMING | March 4 & 5, 2022 | Parkland High School |

DISTRICT XI SWIMMING

Order of Events and Approximate Time Schedule

Friday – March 4, 2022

Boys & Girls AA

| | |
|--------------|------------------------------------|
| 1:30 pm | Swimmers may enter locker rooms |
| 2:00 pm | Ticket Sales Open to Spectators |
| 1:45-2:45 pm | Warm Ups |
| 1:45 pm | Coaches/Officials Meeting |
| 2:45 pm | Girls 200 Medley Relay |
| 2:52 pm | Boys 200 Medley Relay |
| 2:59 pm | Girls 200 Freestyle |
| 3:10 pm | Boys 200 Freestyle |
| 3:21 pm | Awards – Girls & Boys Medley Relay |
| 3:26 pm | Girls 200 Ind. Medley |
| 3:38 pm | Boys 200 Ind. Medley |
| 3:50 pm | Awards – Girls & Boys 200 Free |
| 3:55 pm | Girls 50 Freestyle |
| 4:02 pm | Boys 50 Freestyle |
| 4:09 pm | Awards – Girls & Boys 200 IM |
| 4:14 pm | Five Minute Break |
| 4:19 pm | Girls 100 Fly |
| 4:27 pm | Boys 100 Fly |
| 4:35 pm | Awards – Girls & Boys 50 Free |
| 4:40 pm | Five Minute Break |
| 4:45 pm | Girls 200 Free Relay |
| 4:51 pm | Boys 200 Free Relay |
| 4:57 pm | Awards – 100 Fly, 200 Free Relay |
| 5:10 pm | Clear Pool |

Boys & Girls AAA

| |
|--------------|
| 5:45 pm |
| 6:15 pm |
| 6:00-7:00 pm |
| 6:00 pm |
| 7:00 pm |
| 7:07 pm |
| 7:14 pm |
| 7:25 pm |
| 7:36 pm |
| 7:41 pm |
| 7:53 pm |
| 8:05 pm |
| 8:10 pm |
| 8:17 pm |
| 8:24 pm |
| 8:29 pm |
| 8:34 pm |
| 8:42 pm |
| 8:52 pm |
| 8:57 pm |
| 9:02 pm |
| 9:08 pm |
| 9:14 pm |
| 9:27 pm |

Saturday – March 5, 2022

Boys & Girls AA

| | |
|---------------|--|
| 8:45 am | Swimmers may enter locker rooms |
| 9:00-10:00 am | Warm Ups |
| 9:15 am | Ticket Sales Open for Spectators |
| 10:00 am | Girls 100 Freestyle |
| 10:08 am | Boys 100 Freestyle |
| 10:16 am | Girls 500 Freestyle |
| 10:40 am | Boys 500 Freestyle |
| 11:03 am | Awards – Girls & Boys 100 Free |
| 11:08 am | Girls 100 Backstroke |
| 11:17 am | Boys 100 Backstroke |
| 11:26 am | Awards – Girls & Boys 500 Free |
| 11:31 am | Girls 100 Breaststroke |
| 11:40 am | Boys 100 Breaststroke |
| 11:49 am | Awards – Girls & Boys 100 Back |
| 11:54 am | Five Minute Break |
| 11:59 am | Girls 400 Free Relay |
| 12:10 pm | Boys 400 Free Relay |
| 12:18 pm | Awards – Girls & Boys 100 Breast 400 Free Relay |
| 12:40 pm | Clear Pool – Team Awards |

Boys & Girls AAA

| |
|--------------|
| 1:15 pm |
| 1:30-2:30 pm |
| 1:45 pm |
| 2:30 pm |
| 2:37 pm |
| 2:46 pm |
| 3:07 pm |
| 3:28 pm |
| 3:33 pm |
| 3:42 pm |
| 3:50 pm |
| 3:55 pm |
| 4:04 pm |
| 4:13 pm |
| 4:23 pm |
| 4:28 pm |
| 4:38 pm |
| 4:48 pm |
| 5:15 pm |

DISTRICT COMMITTEEPERSON IN CHARGE OF CHAMPIONSHIPS

District XI Committee Swimming & Diving Chairperson: Ray Ramella

Cell: 484-294-5785

e-mail: RRamella@nazarethasd.org

Meet Director: Don Harakal

Cell: 610-709-7887

e-mail: dharakal6973@gmail.com

Meet Manager: Mike Seip

Cell: 610-393-5714

e-mail: mikeseip.districts@gmail.com

ELIGIBILITY FOR SWIMMING: The top sixteen (16) times will qualify in each event. There will be two (2) heats for each event. Contestants are limited in competition to no more than four (4) events – two individual and two relays, or one individual and three relays. Being designated as a relay contestant shall not count as an event **until officially assigned** at the coaches meeting on the day of competition.

TEAM SCORING: For those schools that sponsored a team during the regular season and participated in at least nine (9) dual meets, sixteen-place championship scoring will be used to determine a team champion.

PRE-MEET WARM-UP FOR SWIMMING: On Saturday, February 26, 2022 there will be a pre-swimming warm-up held at Parkland from 2:00 pm – 5:00 pm for any swimmers entered in the swimming championships. This session requires that the school's head and/or assistant coaches be present to supervise their athletes from the time they enter the building until the time they exit the building. No official coach - no warm-up!

ASSIGNMENT OF OFFICIALS: Officials will be assigned by District XI Committeeperson in charge of Swimming and Diving in conjunction with Female Officials Representative.

SPORTSMANSHIP STATEMENT: PIAA requires all registered sports' officials to enforce the sportsmanship rules for coaches and contestants. Actions meant to demean opposing contestants, teams, spectators and officials are not in the highest ideals of interscholastic education and will not be tolerated. Let all contests reflect mutual respect. Coaches will certify prior to the contest that teams are legally equipped according to the rules of that contest.

DATES, LOCATIONS, AND TIMES OF DISTRICT XI DIVING CHAMPIONSHIPS:

Saturday, February 26, 2022 – at Emmaus High School

Girls' Warm-ups: 8:00 am – Meet 9:30 am

Boys' Warm-ups: 12:30 pm – Meet 2:00 pm

ENTRY DEADLINE FOR DIVING: Diving sheets must be received no later than 12:00pm (noon) on **Monday, February 21, 2022** per the instructions below.

PRE-MEET WARM-UPS FOR DIVING: There will be a pre diving warm-up held on Wednesday, February 23, 2022 from 6:00 pm – 8:00 pm at Emmaus for any divers entered in the diving championships. This session requires that the school's head and/or assistant coaches be present to supervise their athletes from the time they enter the building until the time they exit the building. No official coach - no warm-up!

WHO IS ELIGIBLE TO COMPETE: Each school may name up to five (5) entries in diving providing they meet established qualifying standards, but only four (4) may compete. The four divers will be identified prior to warm-ups for the competition.

DIVING INFORMATION: Diving will be conducted following NFHS Championship rules with an 11-Dive program. In addition, each diver must submit a signed (by PIAA official) dive sheet from the 2021-2022 PIAA Swimming/Diving season

with a 6 dive minimum score of: AA Girls -140 AAA Girls -150 AA Boys -140 AAA Boys -150 or

with an 11 dive minimum score of: AA Girls -240 AAA Girls -250 AA Boys -240 AAA Boys -250

to be eligible to participate in the 2021 District XI Diving Championships. In addition, if the number of participants in any diving event exceeds the number of scoring places (16), cuts will be performed after Prelims (Rounds 1-5) and/or Semi-Finals (Rounds 6-8) as dictated by the rules. Coaches will have to submit the signed diving score sheet to Dave Griebel (dave@tambar.com) by 12:00 pm (noon) Monday February 21, 2022 so he can verify the score before acceptance into the 2021 District XI Diving Championship.

DATES AND LOCATION FOR PIAA CHAMPIONSHIP: March 16-19, 2022 at TBA.

AA March 18-19

AAA March 16-17

