

2016 DISTRICT XI CROSS COUNTRY CHAMPIONSHIPS
presented by St. Luke's Health Network

DATES, LOCATIONS, TIMES OF CROSS COUNTRY DISTRICT CHAMPIONSHIP:

Date: Wednesday, October 26, 2016

Location: Bethlehem Municipal Golf Course (Nine Hole Course), Illicks Mill Road, Bethlehem, PA

Times:	Boys' A	1:00 p.m.	Awards	2:30-2:45 p.m.
	Girls' A	1:40 p.m.	Awards	2:30-2:45 p.m.
	Boys' AA	2:20 p.m.	Awards	3:45-4:00 p.m.
	Girls' AA	3:00 p.m.	Awards	3:45-4:00 p.m.
	Boys' AAA	3:40 p.m.	Awards	5:00-5:15 p.m.
	Girls' AAA	4:20 p.m.	Awards	5:00-5:15 p.m.

Awards presentations will occur after each classification of boys and girls run.

Rain Date: Thursday, October 27, 2016 – Same location and time schedule.

Coaches and teams should **NOT** report to Bethlehem Municipal Golf Course before 12:00 p.m. **All schools must park in the parking area on Schoenersville Road across from Wawa.** Teams should be ready at the start line 15 minutes before starting time. Dressing facilities are not available.

PRACTICE DATES AND TIMES: The course will be closed for play on the practice days listed. These are the only days and times that runners may practice on the course. Please remember that the course is located on the property of a local business. Please adhere to the practice times. Do not request additional practice dates and times.

Saturday, October 8, 7:00-10:00 am

Friday, October 14, 3:00-6:00 pm

Saturday, October 15, 7:00-10:00 am

Friday, October 21, 3:00-6:00 pm

Saturday, October 22, 7:00-10:00 am

Sunday, October 23, 7:00-10:00 am

DISTRICT COMMITTEE PERSON IN CHARGE OF CHAMPIONSHIP:

<i>Ray Kinder</i>	<i>570-985-6474</i>	<i>rkinder@tamaqua.k12.pa.us</i>
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MEET MANAGER FOR CHAMPIONSHIP:

<i>Bryan Geist</i>	<i>610-597-0368</i>	<i>bgeist@nlsd.org</i>
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ELIGIBILITY FOR CROSS COUNTRY: Each school may enter seven persons plus alternates (or fewer). A maximum of seven may run. Five runners must finish the race for the score to count as a team score.

- All entrants from a school must be accompanied by a coach or a faculty member from that school.
- Entries must be submitted online via e-mail to Bryan Geist on or before *Thursday, October 21, 2016, by 12 noon.*

FINANCES: Reimbursement and expenses will be paid in accordance with District XI Policy.

ASSIGNMENT OF OFFICIALS: Umpires will be assigned by the District XI Female Officials Representative.

SPORTSMANSHIP STATEMENT: PIAA requires all registered sports' officials to enforce the sportsmanship rules for coaches and contestants. Actions meant to demean opposing contestants, teams, spectators and officials are not in the highest ideals of interscholastic education and will not be tolerated. Let all contests reflect mutual respect. Coaches will certify prior to the contest that teams are legally equipped according to the rules of that contest.

COURSE INFORMATION: Grass--with hills on the nine hole golf course. The entire course will be lined. Spiked shoes may be worn.

UNIFORM RESTRICTIONS:

1. No jewelry (including watches)
2. No head bands (scrungies are allowed) (religious garb acceptable)
3. No sunglasses (unless prescription)
4. Shirts must be tucked in shorts
5. **SCHOOL ISSUED UNIFORMS ONLY.**

CHAMPIONSHIP SCORING: The first five persons of each team will be scored. The sixth and seventh persons will be tallied and may displace members of other teams finishing later. Your school's starting position will be pre-drawn. A computerized scoring system will be used with results available on the runhigh.com website and the District XI website. Computer chips for the shoes and a video camera will be used for scoring purposes.

PARKING: All School District buses will park in the lot across from Wawa on the property of Bethlehem Municipal Golf Course. This parking lot is not for spectators. There are approximately 140 parking spaces at the driving range lot and approximately 270 spaces at the swimming pool lot. Both of these areas are located off of Illicks Mill Rd.

DISTRICT XI APPAREL: Souvenir apparel for the 2016 District XI Cross Country Championships will be on sale on the day of the meet.

STATE MEET INFORMATION: November 5, 2016, at Hershey, PA

STATE MEET QUALIFIERS

TEAMS

<u>A GIRLS</u>	<u>AA GIRLS</u>	<u>AAA GIRLS</u>	<u>A BOYS</u>	<u>AA BOYS</u>	<u>AAA BOYS</u>
1	2	2	1	2	2

NON-TEAM INDIVIDUALS

<u>A GIRLS</u>	<u>AA GIRLS</u>	<u>AAA GIRLS</u>	<u>A BOYS</u>	<u>AA BOYS</u>	<u>AAA BOYS</u>
5	10	10	5	10	10